

PRESSKIT

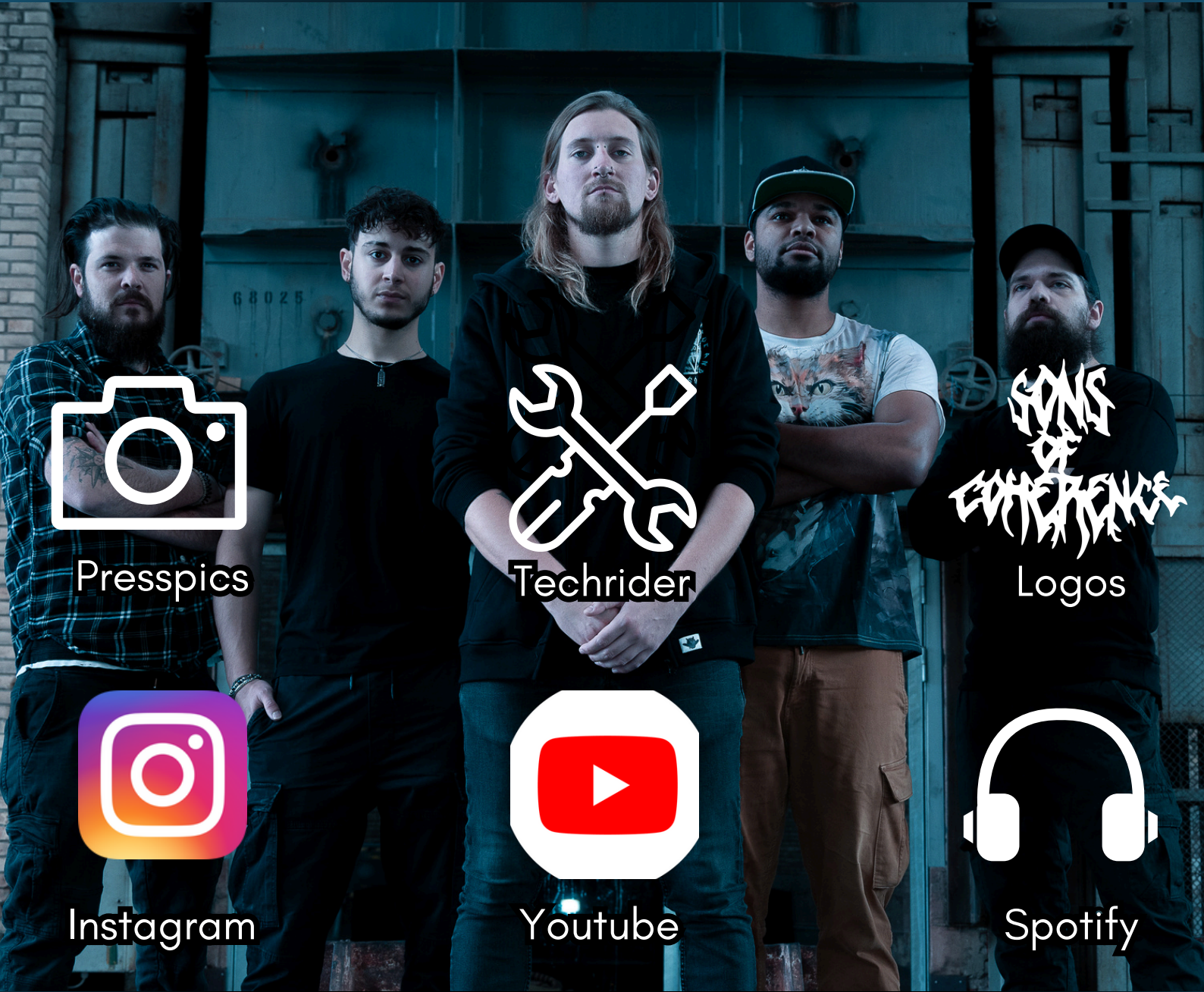
SONS OF COHERENCE



SONS
OF
COHERENCE

GROOVECORE
FROM
SWITZERLAND
EST 2020

MEDIA



Presspics



Techrider



Logos



Instagram



Youtube



Spotify



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BIO

It's May 2020 – LOCKDOWN – and four metalheads are meeting for the first time in a band room in Winterthur, Switzerland.

Cut off from the outside world and with no legal chances for studio sessions or live shows, the Sons focused on songwriting without any rush.

This allowed them to fill a backpack with energetic, groovy songs, which they are now ready to share with the world.

At the start of 2022, they dropped their first demo EP called "(in)sanity."

In the 4.5 years since then, the band has already secured nearly 40 gigs on their own.

So far, they've put out 8 singles. Out of those, 5 have been released, and they've even got a few music videos to go along with them (check out page 5).

So, in 2025, we can expect at least three more singles.

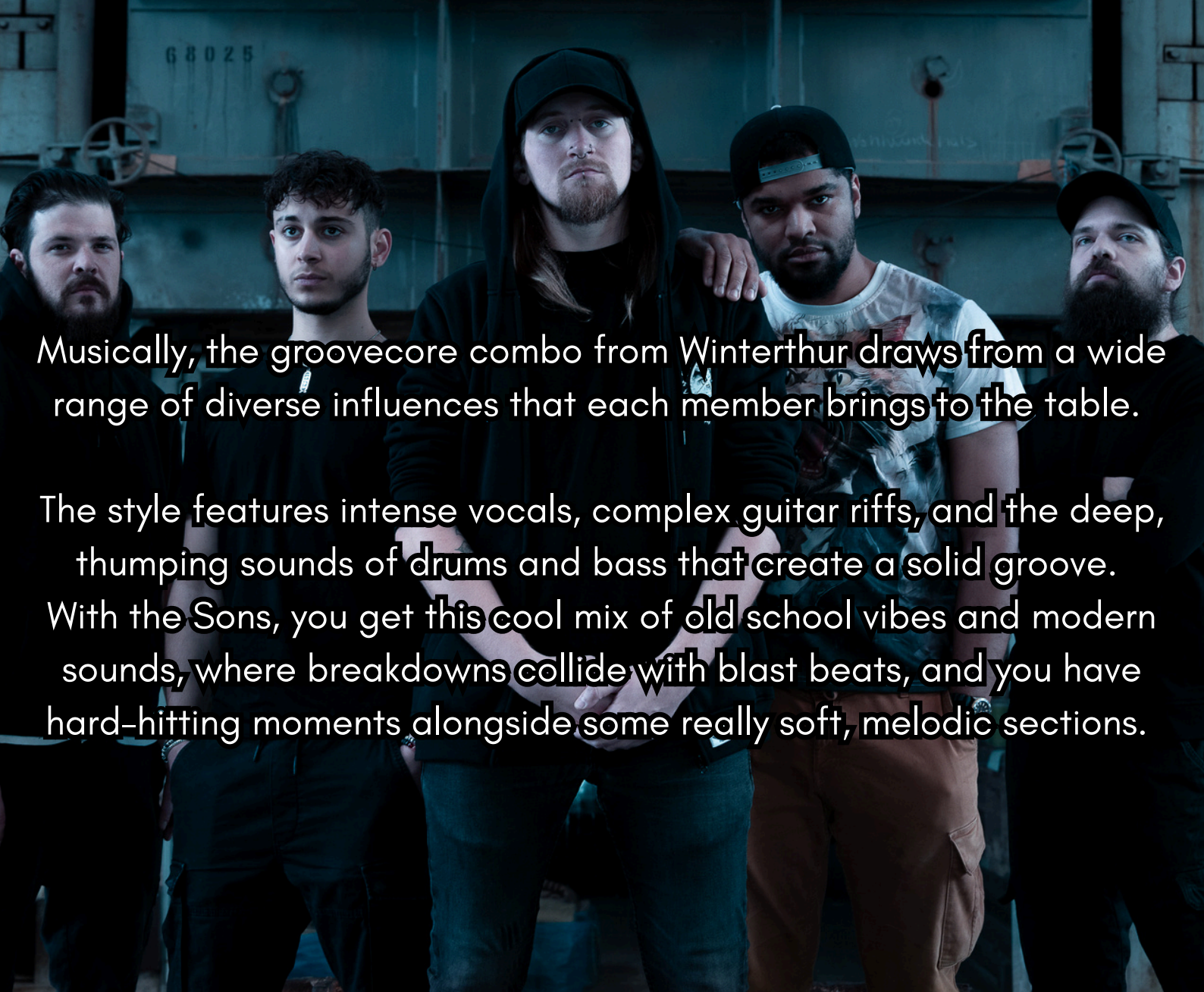
In the fall of 2025, the Sons will head back into the studio.

So, the supplies are all set!

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OUR MUSIC



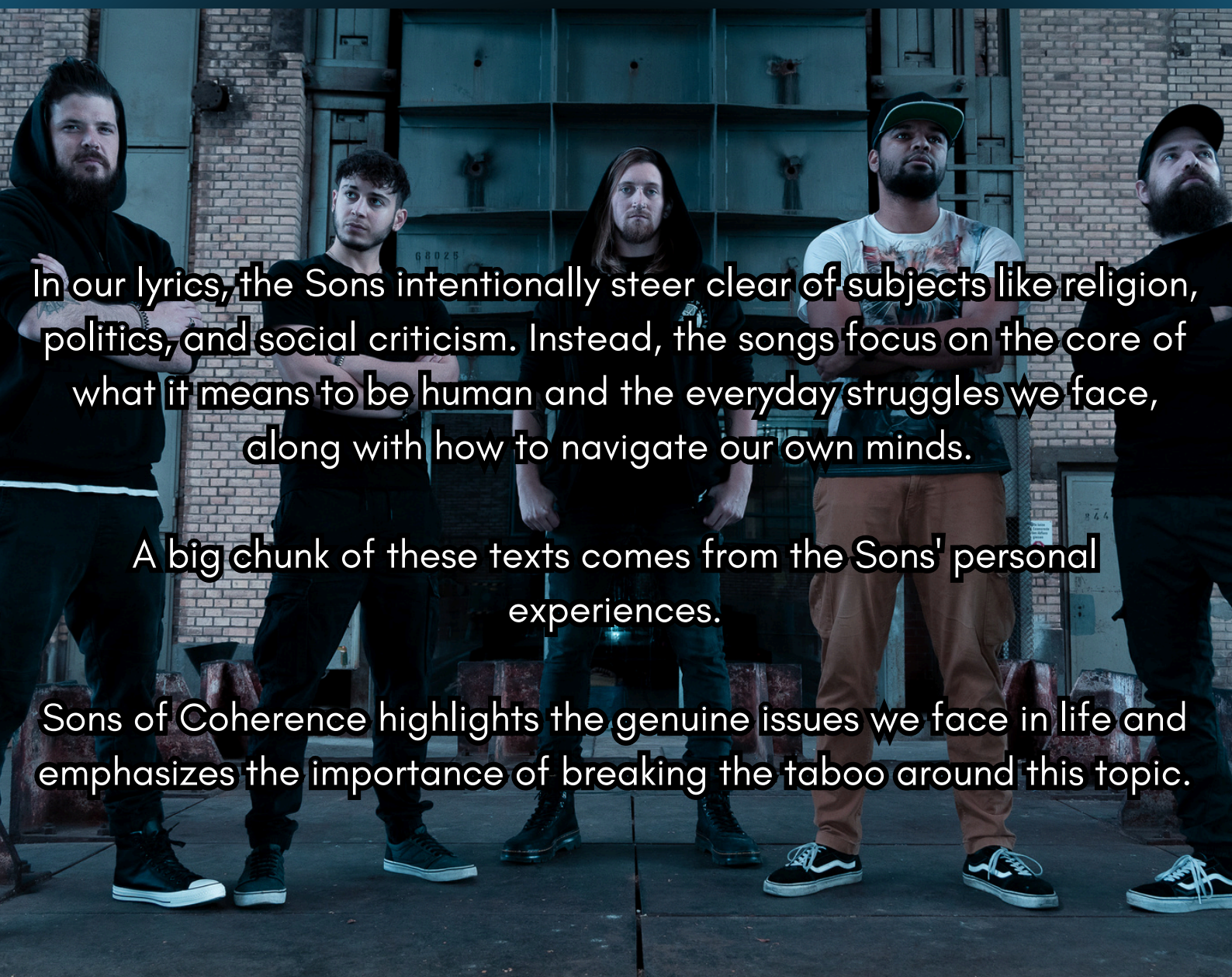
Musically, the groovecore combo from Winterthur draws from a wide range of diverse influences that each member brings to the table.

The style features intense vocals, complex guitar riffs, and the deep, thumping sounds of drums and bass that create a solid groove. With the Sons, you get this cool mix of old school vibes and modern sounds, where breakdowns collide with blast beats, and you have hard-hitting moments alongside some really soft, melodic sections.

**SONS
OF
CONFUSION**

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OUR LYRICS



In our lyrics, the Sons intentionally steer clear of subjects like religion, politics, and social criticism. Instead, the songs focus on the core of what it means to be human and the everyday struggles we face, along with how to navigate our own minds.

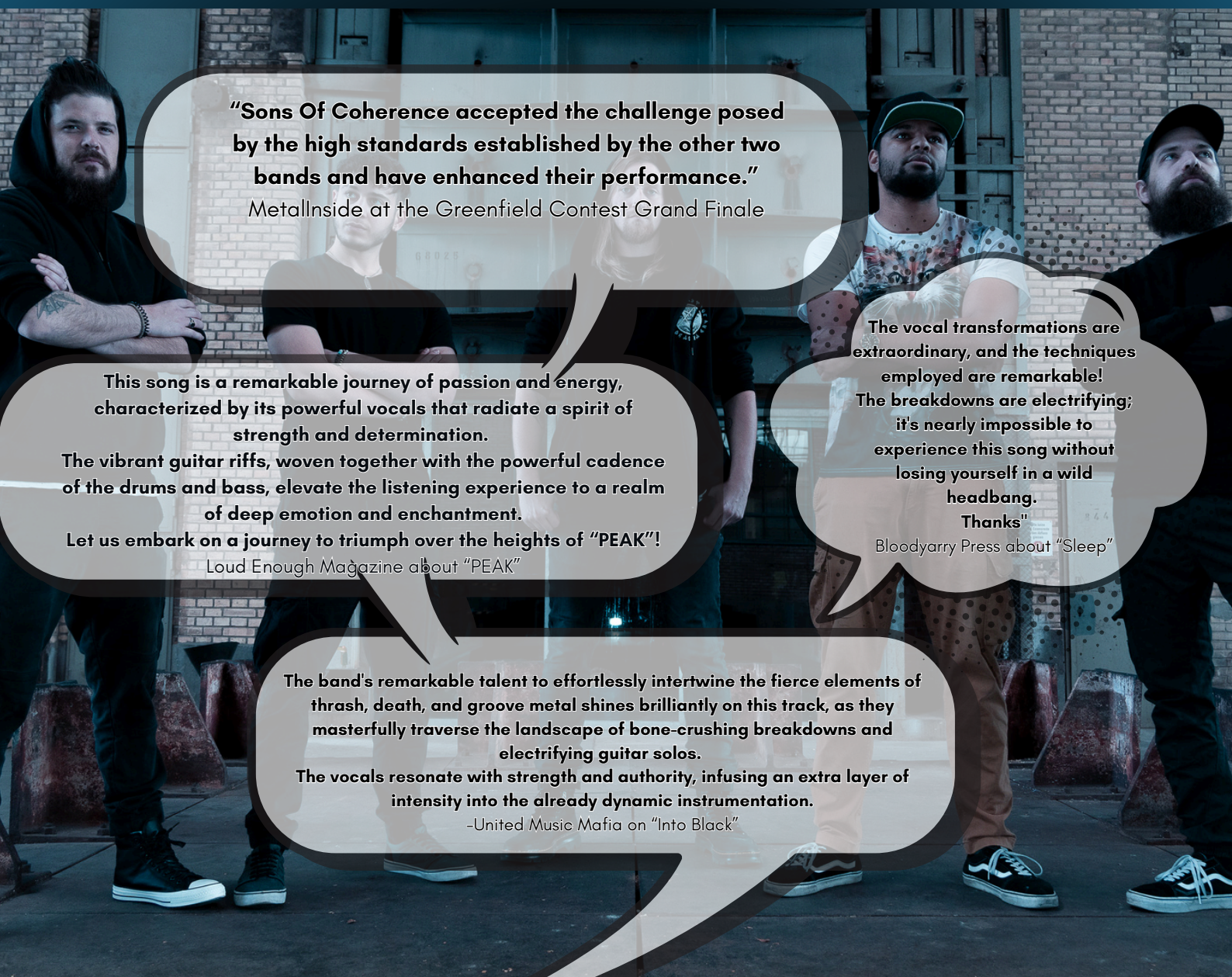
A big chunk of these texts comes from the Sons' personal experiences.

Sons of Coherence highlights the genuine issues we face in life and emphasizes the importance of breaking the taboo around this topic.

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PRESS STATEMENTS



"Sons Of Coherence accepted the challenge posed by the high standards established by the other two bands and have enhanced their performance."
MetallInside at the Greenfield Contest Grand Finale

This song is a remarkable journey of passion and energy, characterized by its powerful vocals that radiate a spirit of strength and determination.

The vibrant guitar riffs, woven together with the powerful cadence of the drums and bass, elevate the listening experience to a realm of deep emotion and enchantment.

Let us embark on a journey to triumph over the heights of "PEAK"!
Loud Enough Magazine about "PEAK"

The vocal transformations are extraordinary, and the techniques employed are remarkable! The breakdowns are electrifying; it's nearly impossible to experience this song without losing yourself in a wild headbang.
Thanks"

Bloodyarry Press about "Sleep"

The band's remarkable talent to effortlessly intertwine the fierce elements of thrash, death, and groove metal shines brilliantly on this track, as they masterfully traverse the landscape of bone-crushing breakdowns and electrifying guitar solos.

The vocals resonate with strength and authority, infusing an extra layer of intensity into the already dynamic instrumentation.

-United Music Mafia on "Into Black"

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SWITZERLAND
ESTABLISHED IN
2020**

HIGHLIGHTS

2020

- May - Establishment during the COVID lockdown)
- Intensive Songwriting

2021

- recordings EP (In)Sanity)
- Sep. - 1. Live show

2022

- release EP (In)Sanity)

2023

- recording three singles
- release "PEAK" and "Dyke" incl. music videos

2024

- Release of "Into Black" (March 1, 2024)
- recording five singles
- Greenfield Participation Contest Finale 2024 (Top Three)
- Support IGORRR!
- release "Sleep" (10/10/24)
- release "Diazepam 2.0" (10/11/24)

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SHOWS PERFORMED

2022

March 4th Drunkenness Zürich
March 26th Taptab Schaffhausen
May 6th Dynamo Zurich
Aug. 22nd Thurbinä Winterthur
Sep. 11th Dynamo Zurich
Dec. 10th Chur Palace

2023

1 March 17th Klub 8 Schaffhausen
March 18th Mundwerk Zurich
April 26th Ebriatas Zürich
April 29th Bücheler Haus Kloten
1 June 10th Thurbinä Winterthur
Sep. 2nd HouseParty Winterthur
Oct. 7th Planet 5 Zurich
Oct. 13th Werkk Baden
Oct. 20th Valhalla Basel
Nov. 11th Im Grüntal Winterthur
Nov. 24th Gaswerk Winterthur

2024

1 March 13th Werk21 Zurich
(2nd Place Greenfield Contest)
May 25th Improvisorium Huttwil
June 18th Dynamo Saal Zurich
Support "IGORRR"
July 13th Bruch Brothers in Lucerne
Nov. 9th Oxil (Craftfest) Oftrigen
Nov. 30th Glory.Hole Wil
Dec. 7th Gaswerk Winterthur
Dec. 21th Chillout Boswil

2025

Jan. 4th Dead End Bern
Jan. 11th Stadtchäller Winterthur
Feb. 1st HuerreSiech Liestal
Feb. 14th Corebound Basel
March. 29th Gaswerk Winterthur
May 10th Werkk Baden
Aug. 30th ZAK Rapperswil J.
More Shows coming soon.....

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TERMS AND CONNECTIONS

Conditions

Fee/catering: Open to negotiation based on the event.

Playtime: Setlists can be flexible, lasting up to 90 minutes.

Contact

For general inquiries, you can reach out at
sonsofcoherence@gmail.com.

or

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